

Testimonials

Chrysalis Programmes HMP Oakwood 2014

"David spoke to us like we were normal people instead of looking down on us, so we listened more and understood more and took more of an interest"

Andrew Coleman

"It shows you about yourself and how to change your life. It is the most beneficial courses for your personal development/self"

Kevin McLoughlin

"This is my first course whilst being in custody and I have really got involved"

"I think this is one of the best Trainers I've ever been taught by, Thank you"

Norman Frost

"I will take control of my life and change my paradigms of the world and people"

"Thank you David for what you do and what you represent, it means a lot"

Dwayne Byfield

"I was very surprised, as it was intense and made me realise a lot of things about myself, my actions, my manners and to be more respectful to others.

I can now see how the way I communicate to others has a big effect on the response I get back"

Andrew

"Rather that telling me what I did was wrong this course showed us what we could do right and also highlighted certain skills sets and traits we could utilise in the future"

James Vizor

Brilliant tutor and mentor, they explained everything superbly"

Rhys Thomas/Paul Thomas

"This course has been very useful, so I would like to say Thank you David for having me on the course and making me think and do things differently"

Jamie O'Beirne

"There is more support in this course. David explains everything to you properly. I would like to meet up with David on my release"

David Beck

What I experienced on The Chrysalis Programme was positive. I have gained some positive tools and skills which I feel will help me to get employment in the future"

Carl

"Out of every course I've done, on every sentence, The Chrysalis Programme is the one that I've digested the most. I have learnt to 'live in the gap' which allows me time to think about how I am going to handle future situation"

Elijah

"I felt that the Chrysalis Course was eye opening to me. I realised that my paradigm of life was distorted and I learnt about 'living in the gap' which is allowing me to make better choices"

Paul Kelso

"Thank you David for everything. You've made me see life in a new & exciting way that has been hidden from me for 40 years.

Daren Newland

"I enjoyed the course; I think it is one of the most beneficial things I have done since School"

James Vizor

"Chrysalis has helped me a lot in what I want out of life and the changes I want in my Life"

Matthew Atkin

"I didn't really know what to expect, I thought it would be just another course and I wouldn't really gain anything from it but I was completely wrong!"

Tyronne

"I have learnt more skills than I will list here over a range of subjects. My personal highlights were 'Life Plan' and 'Secrets to Success' I believe everyone should do Chrysalis, not just in prison but compulsory in school at sixteen"

Jonathan Hiorns